



Doc Griffin Golf Long Distance Fitting Questionnaire

Personal Information

Name _____

Address _____

City _____ State _____ Zip Code _____

Email address _____

Day Time Phone Number _____

Do you prefer to be contacted by phone or email (circle one)

Peak Performance Fitting

1. Height _____ Weight _____ Age _____

2. Wrist to Floor Measurement.

- Stand comfortably erect in flat shoes, shoulders perfectly level, arms hanging relaxed at your sides and measure the distance from the major crease in the wrist at the base of the palm of your lead swing hand in **inches and fraction of inches** (left hand for Right Hand players). Record the measurement below.

Inches _____

3. Physical Strength (as compared to others of your age)

- Below Average _____ Average _____ Above Average _____

4. Athletic Coordination Ability (as compared to others of your age)

If you struggled to be competent in most athletic sports check Below Average _____; If you were a better athlete but not among the best check Average _____; If you were a standout in most sports you participated in check Above Average _____.



Doc Griffin Golf Long Distance Fitting Questionnaire

5. From the diagram below, please check the one that best describes you posture.



a Upright _____



b Normal _____



c Bent Over _____

6. Do you play Right Handed _____ or Left Handed _____?

7. What is your Handicap Index (circle one)

- <6.9
- 7 to 12.9
- 13 to 18.9
- 19 to 24.9
- 25 to 31.9
- > 32

8. If no Handicap, please provide your average score for 18 holes. _____

9. Average number of Fairways hit per 18 holes (out of 14 potential driver/tee shot holes.) _____

10. Average number of Greens hit in regulation per 18 holes. (1shot/par 3; 2 shots/par 4 & 3 shots/par 5
5 _____/18 holes

11. Average number of putts/18 holes _____.

12. How many 9 hole Rounds _____ and 18 hole Rounds _____ do you play/month.

13. How many times do you practice at a Range/month _____



Doc Griffin Golf Long Distance Fitting Questionnaire

14. Please mark the box near the image that best describes you swing plane.



a Flat _____



b Normal _____



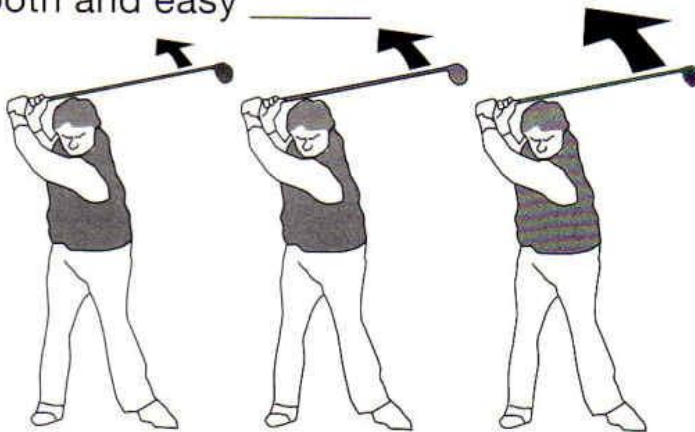
c Upright _____

15. Please describe the Force and Intensity with which you typically **begin the downswing**.

a Forceful and strong _____

b Average force _____

c Smooth and easy _____



Smooth

Average

Forceful



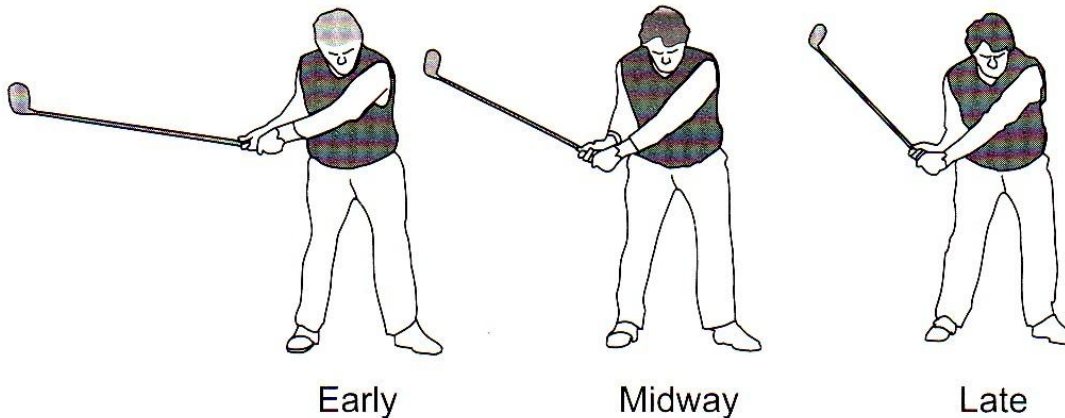
Doc Griffin Golf Long Distance Fitting Questionnaire

16. Please describe your overall swing tempo for full shots with woods and irons.

- Quick & Fast _____
- Average _____
- Smooth & Rhythmic (slightly slow) _____

If you have access to a stop watch, have someone measure the time from start of back swing to impact with ball. Take 5 readings and record the average. _____

17. Looking at the illustrations below, which one comes closest to your release position (where you start to rotate the forearms)? If possible please provide a Video of your swing from a position behind the Golfer looking down the line at 15 feet and a second looking at the Golfer from face on at a distance of 15 feet. Circle the most appropriate.



18. Do You have any physical discomforts when you play?

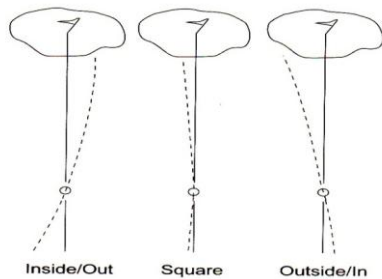
- Hand pain or discomfort with the grip _____
- Arm, elbow, shoulder, joint pain from impact with the ball _____
- Back Pain when you swing or hit the ball _____
- Other, describe _____



Doc Griffin Golf Long Distance Fitting Questionnaire

19. What is your most typical swing path?

- Inside to Outside _____
- Square _____
- Outside to Inside _____
- Don't Know _____



20. What is your Driver Trajectory/Height

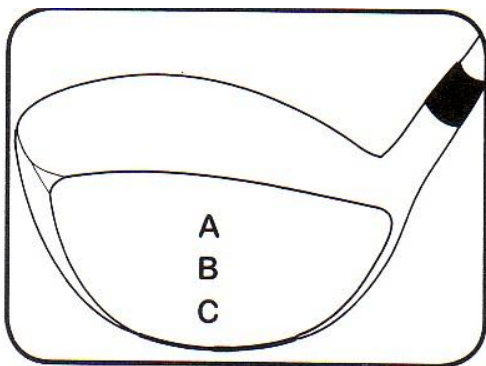
- Low - Lower than most Golfers (height of 20 yds. or lower on launch monitor)
- Medium - about the same as most other golfers (around 27 to 33 yds on Launch Monitor)
- High - Higher than most Golfers (above 35 yds on launch monitor)

21. What is your Club head Speed? _____

How was it measured and with what measuring device.

22. What is your **average** carry distance with a 5 iron _____ Driver _____ 3W _____
5W _____

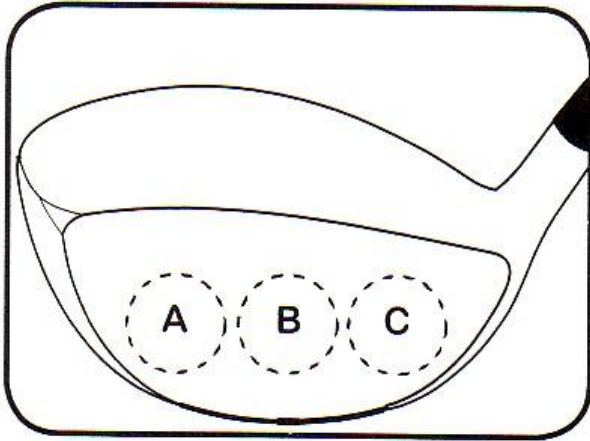
23. What is your typical Vertical Impact position on a Driver _____ Fairway Wood _____?



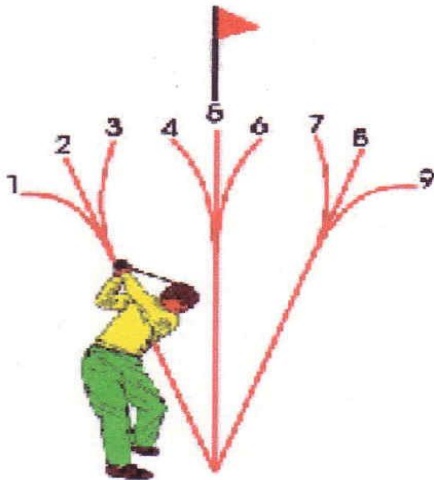


Doc Griffin Golf Long Distance Fitting Questionnaire

24. What is your typical Horizontal impact position on your Driver _____ and a Fairway Wood _____?



25. What is your predominant shot pattern for your Driver _____ Fairway Wood _____



26. What is the loft of your current Driver? _____ Has the Driver ever been checked for loft on a Spec. Gauge. Yes/No If Yes, what was the actual loft _____



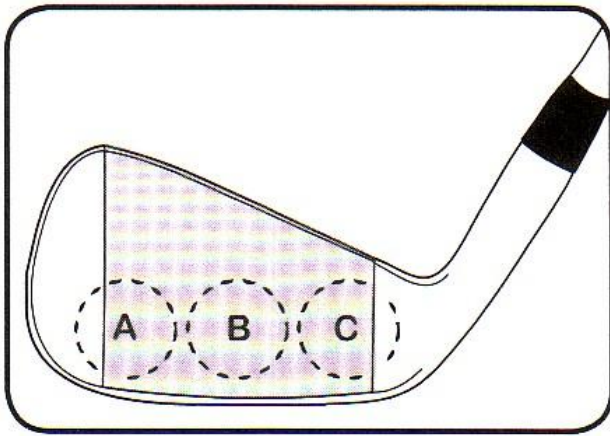
Doc Griffin Golf Long Distance Fitting Questionnaire

27. What is your predominant game improvement goal for your Driver and Fairway Woods

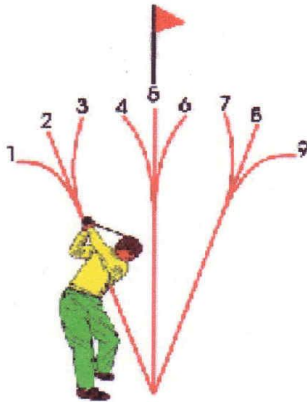
- More Distance _____
- Better Accuracy _____
- More Consistency _____
- Higher Trajectory _____
- Lower Trajectory _____
- Better Feel at Impact _____

28. What is the longest iron you hit solid and on center on a ***consistent basis***. _____ iron

29. When you hit the ball off center with an iron, what is your location tendency? _____



30. What is the normal flight path of your irons? _____





Doc Griffin Golf Long Distance Fitting Questionnaire

31. What is the swing speed of your 5 iron or 7 iron _____ mph

32. If you are unsure of your swing speed, what is the **carry** distance of your 5 iron shot _____ yds? Or 7 iron shot _____ yds.

33. Is hitting the ground (fat shot) a frequent or on/off problem with your irons. Yes _____
No _____

34. What is your predominant game improvement goal with your irons?

- more distance _____
- better accuracy _____
- more consistency _____
- Higher Trajectory _____
- lower trajectory _____
- more solid & on center contact _____
- improved feel _____

35. What is your preference on the Head size of the Driver?

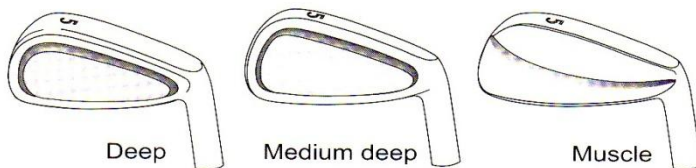
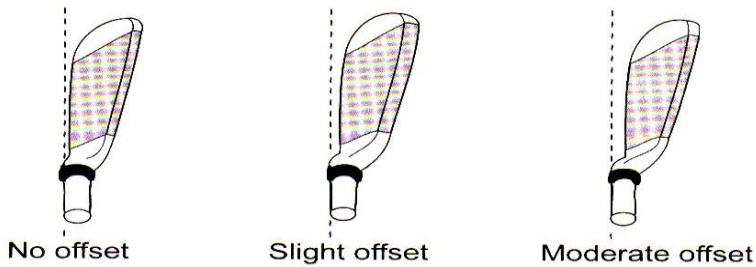
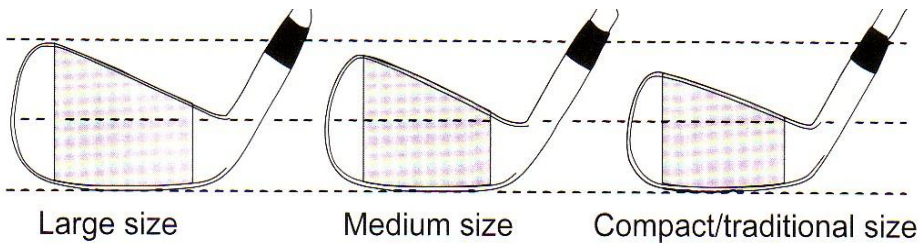
- Very Large - 440 to 460 cc _____
- Large - 420 to 440 cc _____
- Medium - 380 to 420 cc _____
- No Preference _____

36. What is your preference for the Driver Head Shape? Describe as best you can or name a driver that you like the way it looks.



Doc Griffin Golf Long Distance Fitting Questionnaire

37. What is your Iron size, offset & head type preference.



38. What is your Iron Sole Design Preference?

- I prefer a WIDE Sole _____
- I prefer a MEDIUM WIDE Sole _____
- I prefer a NARROW Sole _____

39. What is your preference of Iron Head Material?

- Investment Cast Stainless Steel _____
- Forged Carbon Steel _____



Doc Griffin Golf Long Distance Fitting Questionnaire

40. What is your preference of Shaft material in the following (Enter Graphite or Steel or No Preference).

- Driver _____
- Fairway Woods _____
- Hybrids _____
- Irons _____
- Wedges _____

41. What is your preference for the Impact Feel in your Woods?

- I like the feel of a little more flexible or softer feel of the shaft _____
- I like a very stiff feel with a more rigid impact feel of the shaft _____
- I like to have some impact feel of the shaft _____
- No preference if it helps my game _____

42. What is your preference for the Impact Feel in your Woods?

- I like the feel to be a little softer at impact but not mushy _____
- I like a stiffer impact feel at impact but not overly harsh _____
- I like to have some impact feel of the shaft _____
- No preference if it helps my game _____

43. What is your preference for the Impact Feel in your Irons?

- I like the feel of a little more flexible shaft at impact _____
- I like the feel of a little more rigid shaft at impact _____
- I like to have some impact feel of the shaft _____
- No preference if it helps my game _____

44. What is your preference for the Impact Feel in your Hybrids?

- I like a little more flexible impact feel of the shaft _____
- I like a very stiff feel of the shaft at impact _____
- I like to have some impact feel of the shaft _____
- No preference if it helps my game _____



Doc Griffin Golf Long Distance Fitting Questionnaire

45. Do you have a Grip Material/Composition preference?

- Rubber _____
- Synthetic _____
- Rubber/Cord _____
- Synthetic Cord _____
- Arthritic _____

46. If you know your grip size, please list here, e.g. +1/64 oversize. _____ And do you prefer any additional wraps under the lower hand. (recommended: 1 additional lower hand wrap for each +1/64" oversize. e.g. Grip is +1/32 - add two additional lower hand wraps)

47. Are your divots toe or heel deep? If possible please place a strip of duct tape on the sole of your club and hit a couple balls off a board and then measure the distance from the center of the sole to the center of the mark left on the tape. _____

48. Please enter any additional Comments below.